COVID-19 (Coronavirus Disease)

What is COVID-19?
Coronavirus disease 2019 (COVID-19) is a respiratory illness that spreads easily from person to person. It is more serious than other respiratory illness, like seasonal flu.

What are the symptoms?
Common symptoms:
Fever, dry cough, and shortness of breath

Less common symptoms:
gastrointestinal illness, nasal congestion, sore throat

Who is at risk?
Anyone can get COVID-19. Older adults and people with chronic health conditions, like heart disease, lung disease, or diabetes, are at higher risk of serious illness from COVID-19.

What should I do if I’m sick?
Stay home.
Call your healthcare provider.
Report your symptoms online at: www.wycokck.org/COVID-19

What can I do to slow the spread of COVID-19?
Stay home as much as possible. Only leave for "essential" things, like getting food.
If you do have to leave home, keep distance between people (6 feet or more). Avoid gatherings of more than 10 people.
Practice good hygiene. Wash your hands or use hand sanitizer frequently. Cover your coughs and sneezes.

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