Wyandotte County Long Term Care Facility COVID-19 Re-opening Plan

June 2020

The Wyandotte County Long Term Care Facility (LTCF) Re-opening Plan contains details of how to responsibly protect LTCF residents, our most vulnerable population, and the community’s health and safety while beginning to gradually reopen LTC facilities.

Wyandotte County data show that a significantly high percentage of deaths have occurred in LTCFs due to COVID-19. This recovery plan is based on a phased approach to the re-opening of LTCF facilities in a way that protects the residents of these facilities. It covers Skilled Nursing, Assisted Living, Memory Care, and other State licensed facilities in Wyandotte County, and all are permitted to re-open per the Kansas Department for Aging and Disability Services (KDADS).

The plan is developed based on guidelines and recommendations from Centers for Medicare and Medicaid Services (CMS), Centers for Disease Control and Prevention (CDC), Kansas Department of Health and Environment (KDHE), and KDADS.

As many facilities are considering relaxing measures and allowing visits from non-medical personnel, it is important to not relent on efforts to keep people safe. If anything, opening things up more necessitates that more attention is paid to infection control details. The more people the facility has coming in, the higher the risk. Therefore, each facility must ensure they have what is needed prior to re-opening facilities to visits from non-medical personnel.

These re-opening plans and guidelines are meant to assist LTCFs in developing their own facility-specific plans for re-opening. Each facility will be required to submit a re-opening plan to the Unified Government Public Health Department (UGPHD) for approval prior to re-opening. Facility plans must address each of the areas in this document. In addition to the plan, the completed “Facility Information” form included in this document must be submitted. LTCFs should submit their re-opening plans for approval at least 3 days prior to the date they intend on re-opening.

General COVID-19 Prevention Strategies and Precautions

1. Continuously evaluate and improve all infection control processes.
2. Ensure adequate supply and consistent, unfailing use of Personal Protective Equipment (PPE) by staff, visitors and residents.
3. Staff members often live out of the county and sometimes work in multiple facilities. Therefore, the risk of new introductions of the virus into a facility is high. Implementing regular testing (every 14 days) of staff members is instrumental in identifying and containing the virus. This can be staggered as appropriate, but samples should be collected by qualified staff. Ensuring, to the extent possible, that staff are not working in multiple facilities is another strategy to mitigate spread. This may require
coordination with staffing agencies, if one is used. If staff work in multiple facilities, confirm that the right risk reduction policies are in place.

4. Before allowing visitors, ensure that the facility has the appropriate systems in place to prevent and quickly detect outbreaks. This includes having well-trained staff, and adequate testing resources and plan in place. It is required LTCFs screen all visitors for symptoms and fever before entering the facility and educate them on the need to not visit when the visitors are sick.

5. When the first infection is found within the LTCF, the facility should test every resident and every staff member. Currently, KDHE will provide the resources to do this only if a case is identified. Alternatively, facilities should investigate the possibility of Medicare and private insurance coverage of the testing. Your facility should also have a contract in place with a private laboratory for testing.

6. Develop and make available to families and residents a testing and cohorting plan for reopening that is consistent with the facility’s continuity of operations and infection control policy. Each plan is a facility-by-facility-plan.

7. Ensure your facility has enough staff prior to opening to non-medical visitors.

8. Provide the UGPHD with a written screening protocol for residents, staff and all visitors.

9. Have a plan to ensure regular communications with residents’ family members.

10. Create a site-specific plan as required by KDADS for review and approval by the UGPHD (refer to the attached KDADS document for guidance) as well as a layout of the facility.

Phases of Re-opening

Phase 1 represents the current phase in Wyandotte County for LTCFs. Per KDADS guidelines, approval by UGPHD is needed for each facility prior to proceeding to Phase 2.

Please refer to the attached checklist to ensure your facility plans meets the criteria set by KDADS and UGPHD before submission.

Note that the relaxation of visitors and other restrictions must be immediately reversed if a resident or staff member tests positive for COVID-19.

Phase 1: Current State and during periods of positive cases in facility

<table>
<thead>
<tr>
<th>Criteria for implementation</th>
<th>Visitation Considerations</th>
<th>Patient Considerations</th>
<th>Staff Considerations</th>
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</thead>
<tbody>
<tr>
<td>• Current state with initial COVID-19 Outbreak</td>
<td>• Visitors prohibited except in compassionate care situations. In these limited situations, visitors are screened, and additional</td>
<td>• Communal dining is limited.</td>
<td>• 100% screening for all staff at the beginning of all shifts for symptoms, exposure, and temperature check.</td>
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<tr>
<td>• Any time the facility has current cases, defined as one new positive test (previously untested)</td>
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<td>• Trips outside the facility that are not medically necessary should be avoided.</td>
<td>• Universal mask required.</td>
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or negative) of a resident in the facility or direct care staff member
- When directed by the UGPHD.

| Precautions are taken, including social distancing, hand hygiene, and cloth or other facemask. Visits are time limited and should occur with minimal exposure to other residents. | 100% screening of all residents at least daily for symptoms, exposure, temperature. |
| Restricted entry of non-essential healthcare personnel. This includes limiting personnel that work in other congregate living settings, as able. | New admissions to the facility must be quarantined for 14 days from arrival, regardless if they had previously tested negative. |
| 100% screening of all residents at least daily for symptoms, exposure, temperature. | Goggles/face shield recommended for front line staff. |
| Indoor visitors prohibited except in compassionate care situations. In these limited situations, visitors are screened, and additional precautions are taken, including social distancing, hand hygiene, and cloth or other facemask. Visits are time limited and should occur with | If positive cases currently in the facility, all negative staff and residents are tested weekly until new cases are no longer being discovered. |

### Phase 2:

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<tbody>
<tr>
<td>Wyandotte County has moved into Phase 2 for at least 14 days without a significant increase in cases.</td>
<td>Indoor visitors prohibited except in compassionate care situations. In these limited situations, visitors are screened, and additional precautions are taken, including social distancing, hand hygiene, and cloth or other facemask. Visits are time limited and should occur with</td>
<td>Communal dining is limited.</td>
<td>100% screening for all staff at the beginning of all shifts for symptoms, exposure, and temperature check.</td>
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<tr>
<td>No new cases in the facility for 28 days.</td>
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<td>Group activities for no more than 10 residents using social distancing. All residents should be encouraged to wear masks, use hand hygiene.</td>
<td>Universal mask required. Goggles/face shield recommended for front line staff.</td>
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<tr>
<td>The facility is not experiencing staff shortages. This means all shifts are covered per pre-COVID levels.</td>
<td></td>
<td>100% screening of all residents at least daily for symptoms, exposure, temperature.</td>
<td>All staff are tested every 14 days. This testing requirement is subject to change depending on the</td>
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<tr>
<td>The facility has adequate personal</td>
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<tr>
<td>protective equipment and essential cleaning and disinfection supplies to care for residents. A minimum of 2 weeks supply should be on hand for use at a level that would, at a minimum, based on contingency standards (not crisis).</td>
<td>minimal exposure to other residents.</td>
<td>New admissions to the facility must be quarantined for 14 days from arrival, regardless if they had previously tested negative.</td>
<td>level of community transmission in Wyandotte County.</td>
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<tr>
<td>• The facility has adequate access to testing for COVID-19. It is recommended that a private lab be contracted with in addition to local health department resources. Test all residents weekly if one staff or resident tests positive until there are no new positive tests for 14 days.</td>
<td>• Visits with visitors/family is allowed in outdoor setting. All visitors must wear masks, practice hand hygiene and maintain a distance of at least 6 feet.</td>
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<tr>
<td>• Baseline COVID-19 testing of all residents and staff or random sample testing of facility prior to re-opening</td>
<td>• Allow entry of limited non-essential healthcare personnel. This includes limiting personnel that work in other congregate living settings, as able.</td>
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<td>• Referral hospitals have bed capacity on wards and in ICU.</td>
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Phase 3:

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<td>• Wyandotte County has moved into Phase 3 for at least 14 days without a significant increase in cases.</td>
<td>• Visitors allowed with screening and additional precautions, including social distancing, hand hygiene, and cloth or other facemask. Limit exposure to other residents, including those in shared rooms. Outdoor visits are strongly encouraged.</td>
<td>• Communal dining can be considered with strict social distancing practices.</td>
<td>• 100% screening for all staff at the beginning of all shifts for symptoms, exposure, and temperature check.</td>
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<td>• No new cases in the facility for 28 days.</td>
<td></td>
<td>• Group activities can be resumed using strict social distancing. All residents should be encouraged to wear masks, use hand hygiene.</td>
<td>• Universal mask required. Goggles/face shield recommended for front line staff.</td>
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<tr>
<td>• The facility is not experiencing staff shortages. This means all shifts are covered per pre-COVID levels.</td>
<td>• Allow entry of non-essential healthcare personnel with screening. This includes limiting personnel that work in other congregate living settings, as able.</td>
<td></td>
<td>• Staff are tested every 14 days. This testing requirement is subject to change depending on the level of community transmission in Wyandotte County.</td>
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<td>• The facility has adequate personal protective equipment and essential cleaning and disinfection supplies to care for residents. A minimum of 2 weeks supply should be on hand for use at a level that would, at a minimum, based on contingency standards (not crisis).</td>
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<td>• 100% screening of all residents at least daily for symptoms, exposure, temperature.</td>
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<td>• The facility has adequate access to testing for COVID-19. It is recommended that a private lab be contracted with in</td>
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<td>• New admissions to the facility must be quarantined for 14 days from arrival, regardless if they had previously tested negative.</td>
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addition to local health department resources. Test all residents weekly if one staff or resident tests positive until there are no new positive tests for 14 days.

- Baseline COVID-19 testing of all residents and staff or random sample testing of facility prior to re-opening
- Referral hospitals have bed capacity on wards and in ICU.
Long-Term Care Facility Re-opening Information

Facilities must submit this form to the Unified Government Public Health Department before reopening for any visitors. Please email completed forms to Elizabeth Groenweghe, egroenweghe@wycokck.org

Facility Name: _____________________________ Date: ____________

Facility Contact Name: ___________________________ Phone Number: ______________

Services:
☐ Skilled Nursing ☐ Acute Care ☐ Independent Living ☐ Memory Care ☐ Assisted Living

Total current number of staff: _____ Total number of licensed beds: _____ Current resident census: _____

Is there a COVID emergency plan in place? ☐ Yes ☐ No
How often is the plan reviewed? ______________

Is there a cohorting plan in place? ☐ Yes ☐ No

Is there a written screening process in place? ☐ Yes ☐ No
If yes, what questions are asked?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Do residents have a choice of hospital? ☐ Yes ☐ No
If so, which ones: ________________________________

Reopening Criteria

Have there been any new cases in the facility in the last 28 days? ☐ Yes ☐ No
If yes, date of onset for last case: ________________

Is staffing consistent with pre-COVID levels? ☐ Yes ☐ No

Is there a plan in place to ensure adequate PPE supplies for staff? ☐ Yes ☐ No

Is there currently enough PPE to last at least 2 weeks? ☐ Yes ☐ No

On hand, number of gowns _____, masks _____, face shields _____, goggles _____, gloves _____?
Is the weekly emergency management PPE survey being completed? ☐ Yes ☐ No
Is there a plentiful supply of hand sanitizer to be placed consistently throughout the facility? ☐ Yes ☐ No
Does the facility have adequate cleaning and disinfection supplies? ☐ Yes ☐ No
Is there a process in place to notify families and residents when a positive case occurs? ☐ Yes ☐ No

Testing

Has prevalence testing been performed? ☐ Yes ☐ No

If yes, when: _________________ How many were tested: __________
Positive results: Number of staff: ______ Number of residents: ______

Was testing facility-wide or randomized? ☐ facility-wide ☐ randomized

If randomized, area(s) tested: _________________ Number tested: ______
Positive results: Number of staff: ______ Number of residents: ______

Has a lab been contracted to perform testing? If yes, name of lab: __________________________