Gestational Diabetes Support Group

Who?
Any pregnant women who have been diagnosed with gestational diabetes, along with their primary support person (i.e. husband, friend, mother, sister, etc.).

Any woman who has had gestational diabetes in previous pregnancies that is interested in supporting women currently living with gestational diabetes.

When?
English Speaking Group – 1st Thursday of every month
Spanish Speaking Group – 2nd Thursday of every month
5:00pm - 6:30pm

Where?
Wyandotte County Public Health Department
619 Ann Ave, Kansas City, KS

Why?
“Supporting another’s success will never dampen your own.” – Anonymous

Hearing that you have gestational diabetes can be scary, BUT, you are not alone. With conversation and support from others, you will learn how to cope with your emotions and take care of yourself!

If interested in joining please contact Sabetha Young, MS, RD/LD at (913) 573-8882 or slyoung@wycokck.org.