



Wyandotte County Recommendations for Sports and Activities

From the Unified Government Public Health Department

Participation in sports and activities continues to contribute to the spread of COVID-19. For this reason, Wyandotte County Local Health Officer, Dr. Allen Greiner, and Deputy Health Officer, Dr. Erin Corriveau, offer recommendations to those participating in athletics or extracurricular activities.

Recommendations for school athletics and activities:

- **Maintain cohorts of athletic/activity participants**

A “cohort” is a group of participants and a limited number of coaches/faculty/staff that remain together for classroom instruction and school activities. It is best practice for students to stay in one cohort throughout the duration of the season/activity. Doing so reduces the mixing of students, and thus, the potential spread of COVID-19 should an outbreak of the virus occur (i.e. – if one cohort has a case of COVID-19, the other cohorts are at lower risk).

- **Cohort activity groups together for classroom instruction (e.g. - a sports team also has class together) OR consider remote learning**

The UGPHD strongly recommends participant cohorting for both sports/activity and in-person academic programming. If this cannot be achieved, the UGPHD strongly recommends remote learning for students participating in athletic and other close-contact activities.

- **Have activity coaches act as teachers/instructors for their activity cohorts**

An “activity cohort” is a group of participants who practice and participate in the same sport or activity, who attend school together and are then grouped in classrooms with their teammates. These cohort classrooms should involve activity coaches as teachers/instructors. If this cannot be achieved, the UGPHD strongly recommends remote learning for students participating in any group school sponsored activities.

- **Allow students learning remotely to return to regular school cohorts after the activity season**

It is best practice for those students to remain in a remote learning environment as long as they are participating in the club, extracurricular, or non-school sponsored restricted activities. They should only be allowed back into regular school learning cohorts after their season has ended, and a 14-day quarantine period has been completed since they last participated in practices or competition.

Recommendations for non-school activities, such as club teams:

- **Opt into remote learning options**

Remote learning is strongly encouraged for students who engage in any club, extracurricular, or non-school sponsored activities as an alternate option to activity cohorts. For those students, the UGPHD strongly encourages remote learning programs offered by their school district.

- **Only return to in-person education 14 days after the non-school season ends**

It is strongly encouraged that students who participate in club or non-school sponsored activities only return to in-person education 14 days following the end of their club season or activity. This is especially important if the sport or activity takes the youth outside of Wyandotte County for competition or practice.

REMEMBER ALL SPORTS AND ACTIVITY PARTICIPANTS AND SPECTATORS MUST COMPLY WITH WYANDOTTE COUNTY MASK REQUIREMENTS.

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